

# No-Sew Fashion Fiber Arts



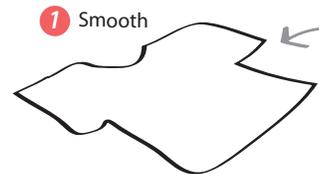
## Materials

T-Shirt or Cloth  
Scissors  
Sharpies  
91% Rubbing Alcohol  
Jar for Rubbing Alcohol  
Dropper  
1 Rubber Band  
Cup

*Become a textile artist! Completely transform an old t-shirt into something new. Learn how to use Sharpies and rubbing alcohol to tie dye cotton jersey and re-design a shirt with a few scissor snips. Cut it, stretch it, tie it, dye it in 100 different ways.*

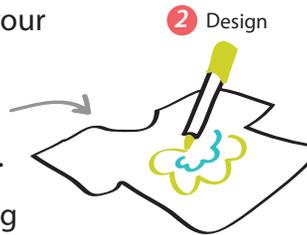
## 1 Tie-Dye with Sharpies

*Create a tie-dye design with sharpies and rubbing alcohol.*

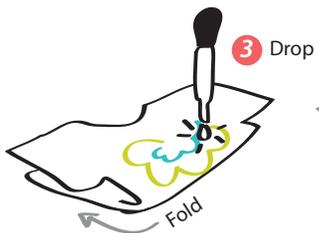


1 Lay your t-shirt flat to avoid wrinkles. Choose your colors and decide where to place your design.

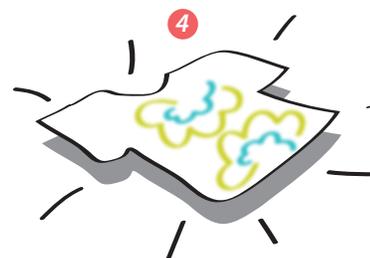
2 Draw a simple pattern, like a flower. Be sure to leave enough white space around your design.



3 Fold your t-shirt over. Take a dropper of rubbing alcohol and carefully drop onto your design or trace the lines and watch them move. The rubbing alcohol reacts with the Sharpie ink to create a new design that looks like Tie-Dye!



4 Unfold the t-shirt and see how your design transferred to the other side!



## ♥ Tips

Try placing the fabric over a cup and put a rubber band around it.

When you apply the alcohol, the cup and rubber band will contain the ink in a circle.

The amount of alcohol used, the thickness of ink and amount space between lines will affect the overall design.

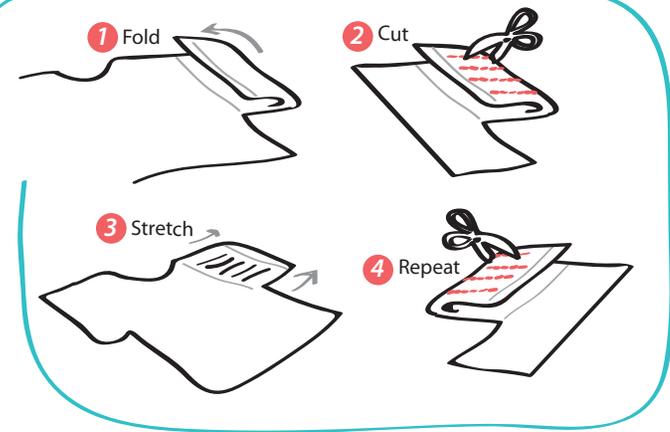
To make designs permanent, put in the dryer for 20 min. prior to washing.

## 2 Redesign with Scissors

Transform your t-shirt by cutting it up!

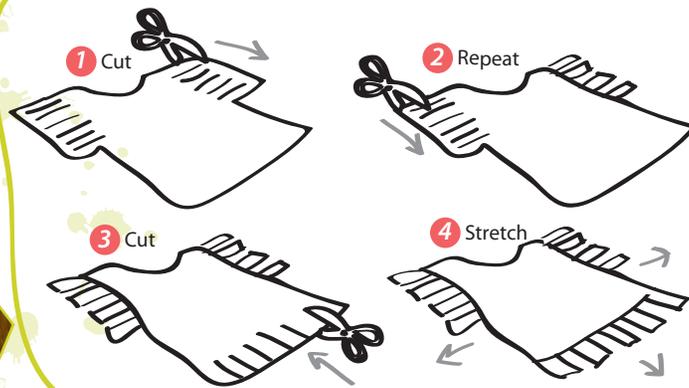
### Sleeve Slits

- 1 To cut sleeve slits, fold and match sleeve seam to the shoulder seam.
- 2 Measure a pinkie's width, and cut strips from fold to seam, across the width of the sleeve.
- 3 Unfold the sleeve and make sure all the cuts go to the seam's edge. Stretch and pull the sleeve.
- 4 Repeat on the other side.



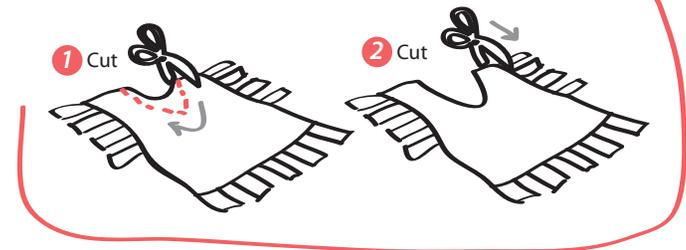
### Sleeve and Hem Fringe

- 1 If you decide you don't like the capped sleeves, cut the sleeve seam off to create fringe.
- 2 Repeat on the other side, following the line of the seam.
- 3 To create hem fringe, make sure the bottom of t-shirt is lined up and cut off the bottom edge. Cut slits vertically, 2-3" long from the bottom of the shirt going up, about a pinkie's width apart. Do this all the way across the bottom.
- 4 After the fringe is cut, stretch, pull, and tug at the fringe.



### Change Sleeves and Necklines

- 1 To create a new neckline, cut slowly and carefully along the inside of the seam. You can always cut again, but you cannot put it back together!
- 2 To create a tank top, remove sleeves by cutting carefully along the inside of the seam.



## Side Slits

- 1 To begin your side slits, start a few inches down from the armpits. Cut the first slit really tiny.
- 2 Move a pinkie's width down and cut the next slit about 1.5" long. Continue to cut these same size slits all the way down the shirt.
- 3 The last cut should be another tiny slit.
- 4 Repeat on the other side.
- 5 Stretch and pull the sides of the shirt and watch the strips curl.

1 Small cut



4 Repeat



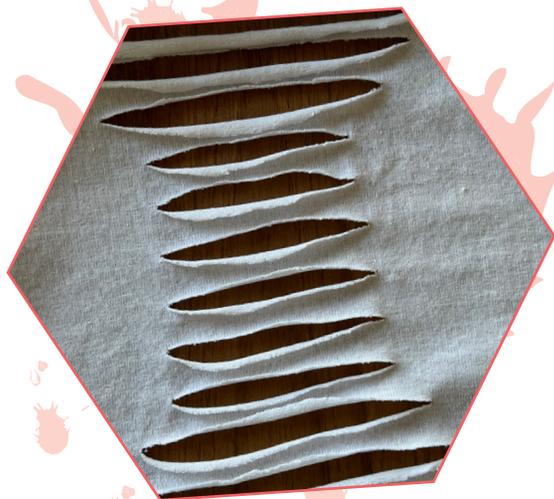
2 Larger cuts



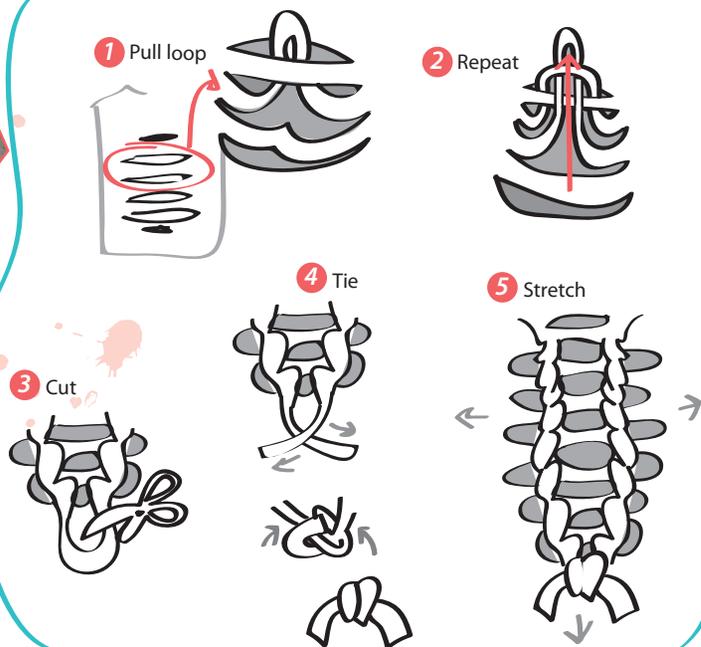
5 Stretch



3 Small cut



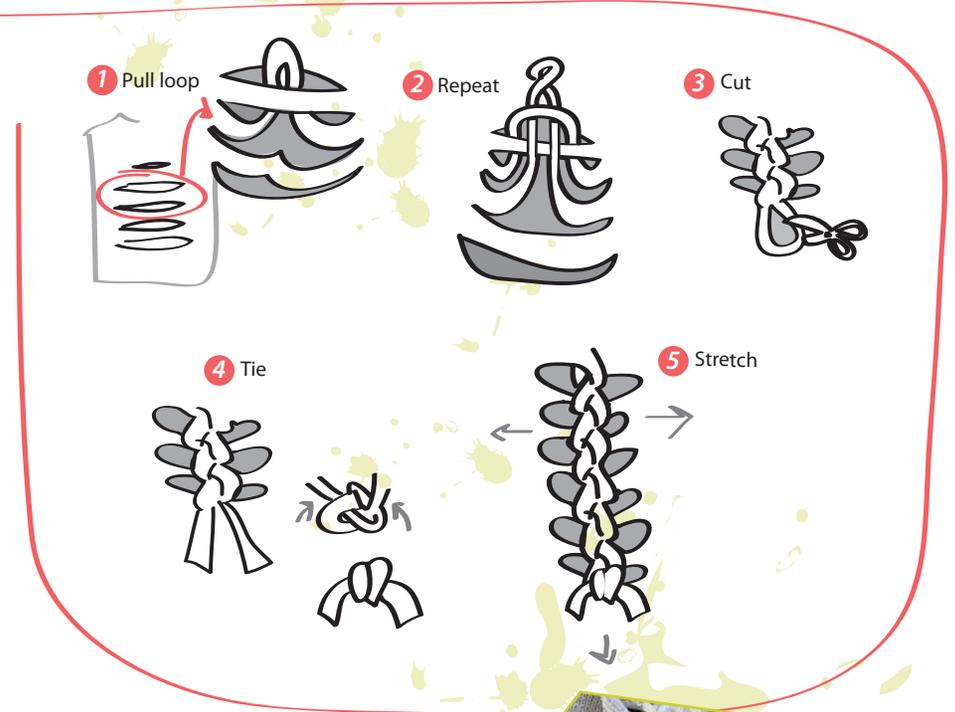
## Ladder Braid



- 1 Take the first strip of the slits on the side of the shirt and pull it through the tiny slit at the top. Make a loop, grab the next strip and pull it through the loop.
- 2 Repeat this pattern all the way to the bottom of the shirt.
- 3 When you get to the last strip, you need to pinch the last loop, cut with the scissors, take one piece, and pull under the last strip.
- 4 Tie a square knot: Cross left over right, under and around, then pull tight. Cross right over left, under and around, then pull tight.
- 5 Stretch and pull the braid in both directions, and the ladder braid will be revealed.

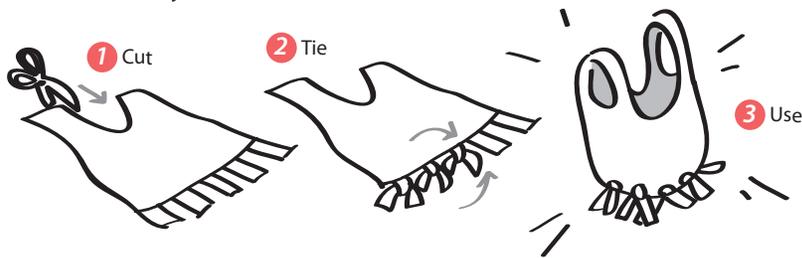
## Twist Braid

- 1 Take the first strip, and pull it through the tiny slit at the top. Make a loop and twist, grab the next strip and pull it through the loop.
- 2 Repeat this pattern all the way to the bottom of the shirt.
- 3 Pinch the last loop, cut with the scissors, take one piece, and pull under the last strip.
- 4 Tie a square knot: Cross left over right, under and around, then pull tight. Cross right over left, under and around, then pull tight.
- 5 Stretch and pull the braid in both directions, and the twist braid will be revealed.



## 3 Turn a Shirt into a Bag!

- 1 Cut the back neckline of the t-shirt to match the front neckline.
- 2 Tie square knots, using the fringe at the bottom of the t-shirt, all the way across.



Watch the how-to video!

Get more Fiber Art tips and info at:  
[www.groundworkarts.com/p21-no-sew-fashion](http://www.groundworkarts.com/p21-no-sew-fashion)



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