**groundwork ARTS**

# Express Yourself!
## Portrait Painting

*A self-portrait can communicate your emotions. For this project, you will paint a picture of your face using your imagination. Your choice of colors, shapes, lines and brushstrokes will give clues to the viewer about how you are feeling.*

## Materials

8"x 11" Cardboard

Acrylic Paint
*(black, white + 3 colors)*

Paint Brushes
*(1 large + 1 small)*

Paper Plate

Jar of Water

Paper Towels

## 1 Prepare Paint

1. Squeeze a blob of black paint onto paper plate "palette".
2. Add a blob of white paint, being sure to leave space between colors.
3. Add three more colors of paint along the outside edge of the plate.

*1 Add black*   *2 Add white*   *3 Add 3 colors*
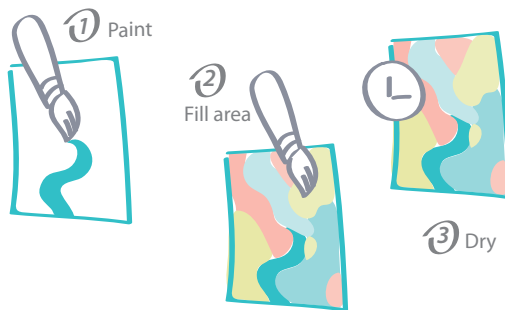
## 2 Paint Background

1. Using a large brush, paint the background using one or more colors to reflect how you feel.
2. Cover the entire area with paint. Try not to overmix the colors or it will turn a grey-brown. Use a little water to help spread the paint.
3. Allow a few minutes for the paint to dry.

*1 Paint*   *2 Fill area*   *3 Dry*

MODULE: Painting | GRADE LEVELS: 1 - 6 | DURATION: 1 hr

# ⚡3 Outline Face & Add Features

1. Using your small brush and black paint, to paint an oval that takes up most of the cardboard.

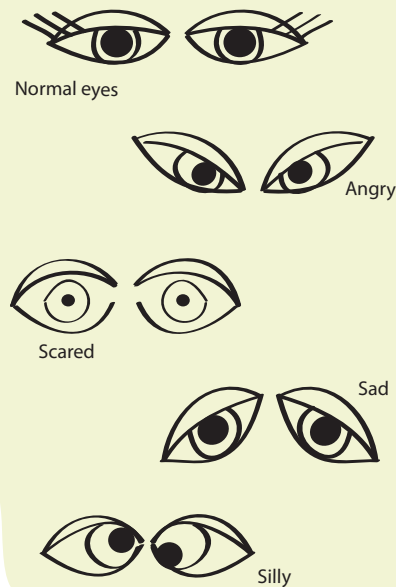2. Select one or more of the examples to create facial features.
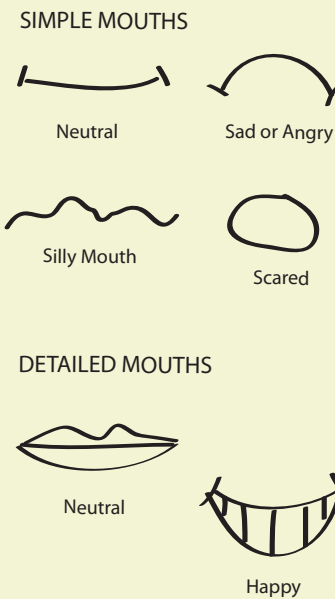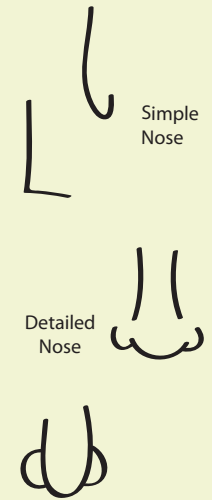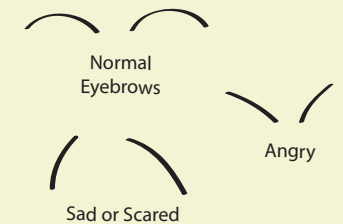
**1** paint oval  **2** add features

## Nose

Simple Nose

Detailed Nose

## Eyes

Normal eyes

Angry

Scared

Sad

Silly

## Mouth

SIMPLE MOUTHS

Neutral

Sad or Angry

Silly Mouth

Scared

DETAILED MOUTHS

Neutral

Happy

## Eyebrows

Normal Eyebrows

Angry

Sad or Scared

MODULE: Painting  |  GRADE LEVELS:  1 - 6  |  DURATION: 1 hr
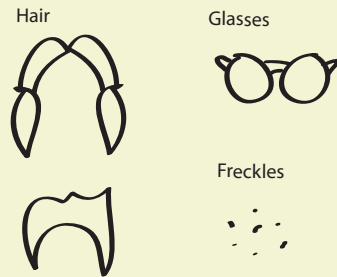
## Ears

Simple Ears

Detailed Ears

## Other Features

Hair

Glasses
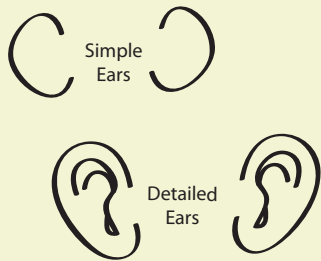
Freckles

## Get Creative!

Your facial features don't need to be in the usual places. Try adding a few upside-down or sideways.

If you don't like something, you can paint over it.

You can add white to make highlights on the face.

To exaggerate a feature, just paint it larger.

Add color and brushstrokes.

Paint over features and change them.

## Watch the how-to video!

Get more Collage tips and info at:
www.groundworkarts.com/p24-Express-Yourself

## Share

Upload a picture of your art to
www.groundworkarts.com/share

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